

In your closet:

Clothes that are out of style now.

Clothes that don't fit

Single gloves

Single socks

Stained clothing

Worn out clothes

Uncomfortable lingerie

Unworn scarves

Extra hangers

Extra buttons

Worn out shoes

Uncomfortable shoes

Anything you have not worn in the past year

Broken or extra umbrellas

Accessories:

Old prescription glasses

Old lenses

Old shades

Broken shades

Scratched up sunglasses

Unused purses

Jewellery you don't wear

Broken jewellery

Single earring

Old or dried nail paints

Bad Or broken watches

Excess watches

Expired makeup

Empty products (or close enough)

Makeup brushes that are worn out

Makeup you haven't used in a month +

Expired sunscreen or any you don't like

Skincare that doesn't work for you

Duplicate or broken hair tools

Funky nail polish colors you don't use

Broken bobby pins or hair ties

PETS:

Treats your pets don't like

Toys your pets don't like

Garage:

Duplicate tools

Bikes, skateboards, etc. you don't use

Old plant pots

Dried up super glue

Unused camping equipment

Old paint cans

STORE ROOM :

Unused Christmas décor

Shorted out or unused Christmas lights

Seasonal decor

Unused sports equipment

Too many rags

Decor pieces with no meaning

Living Room:

DVD's

CD's

Unused video games

Multiple TV's

Unread magazines

Old remotes

Excess coasters

Broken coasters

Stained rugs

Unused couches and chairs

Unused board games

Games with missing pieces

Puzzles with missing pieces

Knick knacks from past travels

Old posters

Dead plants

Ugly plastic plants

Unused coffee tables & side tables

Uncomfortable throw blankets

Burned out candles

Candles you don't like the smell of

Bedroom:

Flat pillows

Unused or bulky dressers

Vanities you don't use

Extra sheets

Alarm clock

KIDS:

unused toys

Clothing they've grown out of

Furniture they've grown out of

Used coloring books

Children's artwork - Only keep the best

Kitchen:

Unused juicer

Unused blender

Duplicate kitchen utensils

Excess fridge magnets

Leaky travel mugs

"Some day" kitchen appliances

Awkward sized pots and pans

Extra baking sheets

Unused cookbooks

Empty jars and containers

Extra vases

Cheap knives that don't work

Too many or broken reusable bottles

Cracked or broken dishes

Ice cube trays you don't use

Plastic straws

Discolored or too many old mugs

Excess or mismatched cutlery

broken sponges

Mismatched storage containers

Take out sauce cutlery, chopsticks, etc.

Pantry:

Unused spices

Expired foods

Foods you tried but don't like

Condiments or sauces used once

First Aid and Medication:

Expired medicines

Excess medicines

Bathroom:

Hair products you don't like

exfoliators, scrubs, serums

Soaps or moisturizers that smell bad

Travel size toiletries or samples

Worn out toothbrushes

Old air fresheners

Shower caddy

Threadbare towels

Excess towels or washcloths

Duplicate brushes or combs

Old tweezers and trimmers

Old perfume

Perfume scents you don't like

Body mists or sprays

Unused bathroom cleaning supplies

Office:

Receipts

Pens and pencils that don't work

Hard erasers

pencil sharpeners

Phone books

Extra or broken cables

Empty boxes or mailers

Unused printers

Old business cards

Old documents
Old electronics
Old phone cases
Unused sticky pads or notepads
Excess devices
Expired or dead batteries
Digital clutter
Calendars or planners from past years
Old address labels or stamps

Hobbies:

Old hobby paraphernalia
Unused art supplies
Art supplies that no longer work
Scraps from craft projects (fabric, yarn, paper, etc.)
Unused exercise equipment
Miscellaneous
Plastic membership cards
Expired coupons... or any you won't use
Spare keys
Old key chains or lanyards
Loose change & coin collections
Obscure cleaning products
Duplicate cleaning supplies (mop, etc.)
Plastic and paper bags
Excess reusable bags
Instruction manuals

Unused or worn out party supplies

Excess/unused gift bags

Excess/unused wrapping paper

Old yearbooks

Textbooks from courses you've completed

Paraphernalia from old hobbies

Sentimental items

Doubles of photo prints

Unused or underused subscription services

Worn out or too many suitcases

Unwanted or unused bumper sticker